

# *Core Dynamics Physical Therapy*

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177 NORTH DEAN STREET, SUITE 302 ENGLEWOOD, NJ 07631 • P 201-568-5060 • F 201-568-5061

## **Coping with the Psychological and Physical Effects of Pelvic Pain**

**WHEN:** March 18<sup>th</sup>, 2010

5:30 – 6:30 PM

**WHERE:** Core Dynamics Physical Therapy 177 North Dean Street, Suite  
302 Englewood, NJ 07631

**WHO IS SPEAKING:** Nancy Fish, LCSW, MSW, MPH & Niva Herzig, PT

**WHO SHOULD ATTEND:** Anyone Dealing with Pelvic Pain and Partners  
of those with Pelvic Pain

**RSVP:** By **March 15<sup>th</sup>** **Email:** [niva@coredynamicspt.com](mailto:niva@coredynamicspt.com), **Call** 201-568-  
5060 or **Sign-up** Sheet at Core Dynamics Physical Therapy



**Nancy Fish** received her Master's degrees in Social Work and in Public Health in 1984 from Columbia University. She began her private practice in New Jersey in 1998. Nancy provides counseling to individuals, couples and families. Her clinical practice has included clients requiring treatment for depression, anxiety, anger management and grief counseling. Nancy specializes in the treatment of chronic pain and chronic illness. Her approach to her clients' is eclectic, combining psychodynamic, cognitive-behavioral, and family life cycle therapy with particular emphasis on the relationship between the individual and herself as therapist. She also specializes in helping individuals dealing with Vulvar/Vaginal and pelvic pain and having experienced this pain herself and other significant health issues, she brings to her work a special firsthand understanding of the challenges patients face.

**Niva Herzig** is the clinical director and owner of Core Dynamics Physical Therapy. Niva is a licensed physical therapist specializing in women's and men's health, pelvic floor dysfunction, prenatal and postpartum care.